



St Benedict's Bullying Prevention Strategy

- Bullying is **unacceptable**.
- We believe all adults in school are role models.
- We know we are all equal and special and loved by God.
- We know **NOBODY** deserves to be bullied or excluded.

What is bullying?

When someone is hurt or upset by a group or by one person on purpose again and again

Physical



Verbal



Cyber



How will school help you?

- Make sure everybody knows bullying is **not acceptable**.
- Listen to parents and pupils when they are worried about bullying.
- Support children and teach them how to deal with arguments.
- Deal with bullying quickly.
- School will organise:

Assemblies and visits from groups like the Police and NSPCC
Anti-Bullying week
Circle Time
Circle of Friends
Collective worship
Indoor clubs

How can you get help?

Tell an adult in school
Tell a playground buddy
Tell your family
Tell a trusted friend
Write a note for the worry box
Call Childline (Posters around school)
Tell TEAM Benedict