



St Benedict's Bullying Prevention Strategy

Bullying is **unacceptable**.

We believe all adults in school are role models.

We know we are all equal and special and loved by God.

We know **NOBODY** deserves to be bullied or excluded.

What is bullying?

When someone is hurt or upset by a group or by one person on purpose again and again

Physical



Verbal



Cyber



How will school help you?

Make sure everybody knows bullying is **not acceptable**.

Listen to parents and pupils when they are worried about bullying.

Support children and teach them how to deal with arguments.

Deal with bullying quickly.

School will hold: Assemblies and visits from groups like the Police and NSPCC

Anti-Bullying week

Circle Time

Circle of Friends

Collective worship

Indoor clubs

School will teach: you about protected characteristics and explain how you can stop prejudice

How can you get help?

Tell an adult in school

Tell a playground buddy

Tell your family

Tell a trusted friend

Write a note for the worry box

Call Childline (Posters around school)

Tell TEAM Benedict